

**GLADSTONE**



**Learn, laugh, live**

**TERM ONE.**

**3rd February – 04th April, 2025**

**COURSE BOOKLET**

**TERM ONE: 03<sup>RD</sup> FEBRUARY – 04<sup>TH</sup> APRIL**

**PUBLIC HOLIDAY: NIL**

1. Please note if you cannot attend your class, please notify your tutor directly as soon as possible. Your Tutor's contact number is provided in the booklet for this purpose. Alternatively, you can contact the Course Coordinator (Carole Crack) on 0419 750 647.
2. Encourage your friends and acquaintances to join Gladstone U3A and participate in our courses. Let them know they can get more information from [membership@gladstoneu3a.com](mailto:membership@gladstoneu3a.com).
3. Tea & Coffee is available from the Philip St Precinct kitchen for a gold coin donation.
4. The Lifestyle Learning Rooms have refreshments available (at normal retail prices) and are accessible from the café next to the Lifestyle Learning Rooms where our courses are conducted.
5. Respectful behavior is always expected within classrooms. Your Tutor will always lead by example.
6. All members of Gladstone U3A are welcome to join our Facebook page: "GladstoneU3A". Information pertinent to our members is shared this way, and it includes learning opportunities provided by other organizations within the Gladstone region.

## **MONDAY- 9 WEEKS**

### **HISTORY – THE TUDORS**

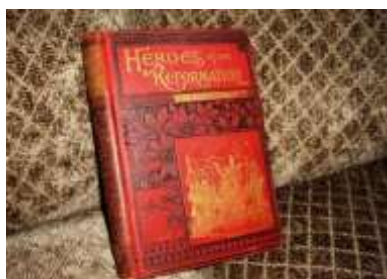
**February 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>**

**March 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup>**

Minimum: 4 participants

When: Mondays  
 Time: 10.00am - 12.00pm  
 Where: Philip Street Communities and Families Precinct,  
 1 Pengelly Street  
 West Gladstone.  
 Cost: \$15 per term  
 Tutor: Jeff Reeves - 0406 930 945

This course offers a detailed overview of one of the most important dynasties in British history. The Tudor Era marks the beginning of the modern world – the English Reformation, The Voyages of Discovery, the flowering of literature and modern administration. The characters are colourful – Henry VIII and Elizabeth I and the period introduces us to some great men Cardinal Wolsey, Sir Thomas More and Thomas Cromwell, not to mention Drake and Raleigh. The Tudors really did lay down the foundations of the Modern World.



### **CRAFT**

**February 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>**

**March 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup>**

When: Mondays  
 Time: 1.00pm – 3.00pm  
 Where: Philip Street Communities and Families Precinct,  
 1 Pengelly Street,  
 West Gladstone  
 Cost: \$15 per term  
 Tutor: Marie-Ann Martin 0427 875 772  
 Facilitator: Jenny Kavanagh – call Carole Crack on 0419 750 647 if you need to pass a message on.

Craft continues for those who love both the practical and social aspects of sharing and learning on a casual basis. In weeks 2, 3 and 4 your tutor Marie-Ann is willing to offer “Learn to Crochet” classes on a separate table in the same room. There are many varieties of handcraft which offer opportunities for self-expression, no matter what your level of competency. Marie-Ann will continue to facilitate and guide for all participants. She will offer simple projects with the option of participating. Share your ideas and learn new techniques. During the course there may be some guest tutors, who will share their skills. Come along and be inspired by gifted artisans and enjoy the camaraderie of like-minded individuals.

## **TUESDAY – 9 WEEKS**

### **Informal Get Togethers:**

**February 04<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup>**

**March 04<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup>**

**April 01st**

Time: 9.30am - 11.00am  
Where: Flavours Marina Café,  
1/72 Bryan Jordan Dr  
Gladstone Marina.  
(Beside the Information Centre)

Some Gladstone U3A members, and their friends get together at the Flavours Café each Tuesday during the term for coffee, or tea, and chatting. There is no agenda and no tutor. It is JUST for chitchat. Everyone is welcome.



## **WEDNESDAY- 9 weeks**

### **ART Workshop**

**February 05<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>**

**March 05<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>**

**March 05<sup>th</sup> Lesson held at a different venue, TBA**

**April 02<sup>nd</sup>**



max of 10 students

When: Wednesdays

Time: 9.00am -12.00pm

Where: Philip Street Communities and Families Precinct,  
1 Pengelly Street,  
West Gladstone

Cost: \$20.00 per term + Starter Kit (\$35) if required. Other supplies may be available upon request.

Tutor: Gary Spicer 0402 822 907

Facilitator: Carole Crack 0419 750 647

Kathy Strachan 0407 781 405

From beginners to experienced artists, you are most welcome to join our friendly and supportive group. We are diverse in mediums from pencil and charcoal to watercolours and acrylics. Note oil paints are not part of this workshop as some individuals are allergic to them. Tuition is offered on an individual as needed basis.

Come join the fun and challenge yourself!

### **BASIC BEGINNERS LINE DANCING at Boyne Island**

**February 05<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>**

**March 05<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>**

**April 02<sup>nd</sup>**



When: Wednesdays

Time: 10.00am – 12.00pm

Where: Mt Larcom Room,  
Boyne Island Community Centre  
1 Hayes Avenue  
Boyne Island

Cost: \$20 - per term

Tutor – Sue Hunter - 0415 580 595

Basic Beginners Line Dancing sessions offer an experience to benefit you physically, mentally, and socially.

Line Dancing can improve coordination, balance, health, brain memory and mood. The aim is to have fun.

[admin@gladstoneu3a.com](mailto:admin@gladstoneu3a.com)

<https://gladstoneu3a.square.site>

Ph: 0474 569 493

FB: “Gladstone U3A”

## **THURSDAY - 9 WEEKS**

### **SOCIAL CARDS**

February 06<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>

March 06<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>

April 03<sup>rd</sup>



When: Thursdays  
Time: 9.30am – 11.30am  
Where: The Lifestyle Learning Rooms,  
83 Sun Valley Rd.  
Kin Kora.  
Cost: \$15 - per term  
Facilitators: Annette Felix 0401 027 014  
Marion Hall 0419 043 780

Play cards and have a load of laughs, come and see which game gets us every time. Games do change regularly. From basic Uno to the more adventurous Canasta, and everything in between has been suggested. Not to be taken too seriously.

### **FRENCH FOR INTERMEDIATE BEGINNERS**

February 06<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>

March 06<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>

April 03<sup>rd</sup>



Maximum 9/Minimum 5

When: Thursdays  
Time: 10.00 – 11.30am  
Where: Heron Room,  
Boyne Island Community Center.  
1 Hayes Avenue,  
Boyne Island.

Cost: \$15 per term  
Tutor: Lyn Forrest 0460 958 878  
Facilitator: Jenny Brooks 0412 003 151  
Facilitator: Colleen Sawatzki 0417 311 055

If you have been doing French Apps like Duolingo for a while or did French for a few years at school and you want to refresh your skills, this is the course for you! Emphasis is on speaking French in practical situations. You may be required to purchase a textbook.



## **THURSDAY - 9 WEEKS**

### **ACAPELLA GROUP**

February 06<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>

March 06<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>

April 03<sup>rd</sup>

When: Thursdays  
Time: 1.00pm – 2.30pm  
Where: The Lifestyle Learning Rooms,  
83 Sun Valley Rd.  
Kin Kora.  
Cost: \$15 per term  
Tutor: Malcolm Osman 0400 432 435

Have you often said to yourself: 'I would love to try/learn to sing acapella!' Well now is your chance! Come along and give it a go with Gladstone U3A. There's laughter and fun. Join our group and help us spread the joy! If you have participated in a group before and loved it, now is your opportunity to join again.

## **FRIDAY – 6 WEEKS**

### **BEGINNERS and IMPROVERS LINE DANCING – See Dates Below:**

February 14<sup>th</sup>, 21<sup>st</sup> and 28<sup>th</sup>

March 07<sup>th</sup> and 14<sup>th</sup>

April 04<sup>th</sup>

### **Maximum 8/Minimum 3**

Time: 9.30am - 11.30am  
Where: Philip Street Communities and Families Precinct,  
1 Pengelly Street,  
West Gladstone  
Cost: \$10.00 per term  
Tutor: Tracy Pywell 0418 710 920

If you have attended our Basic Beginners Line Dancing class and would like to advance further, this class is for you. Beginners and Improving line dancers who have not attended before are welcome to join. Line dancing can improve your coordination, balance, heart health, memory and mood. This relaxed group aims to have fun.

## How to access Gladstone U3A Courses and Membership.

### **Memberships** –

Gladstoneu3a.square.site/membership

Then

### **Courses** –

<https://gladstoneu3a.com/portal>

Enter an email address and confirm.

Check email and get six-digit code.

Enter this in the portal.

Choose a four-digit PIN that you will remember and save.

Click on “Your Account”.

Click on “Classes”.

Scroll for courses – e.g. Craft.

Click on “Enroll Now?”.

To enroll in more classes, Click on “More Classes”, and then on “yes”.

To complete enrollment, Click on “More Classes”, and then on “no”.

An Invoice will be sent to your Member Portal.

Enter Credit Card details and then Click on “Submit”.

Enrollment is completed.

A remittance form/Statement will be sent to your Member Portal.

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